



FAC CYCLING CLUB - September Rides

Saturday, Sept. 5th, 8am— Buckingham Park to Gold Lake.
A different starting point—either ride or drive to Buckingham Pa (meet at the park at 8am) Left Hand Canyon Rd., then ride up to Gold Lake Resort for lunch (optional). A comfortable ride down the hill. 40 miles.
Intermediate/Advanced riders.

Saturday, Sept. 12th, 8am—Lyons/Hygiene Loop. 40 miles.

Sunday, Sept. 13th—Buffalo Bike Classic Ride, Sept.
Meet up with fellow riders at the FAC Tent and head out for this popular community ride throughout Boulder County, benefiting the University of Colorado School of Arts and Sciences. Register at www.buffalobicycleclassic.com.

Thursday, Sept. 17th, 5:30pm Smashburger Ride. Join us at Smashburger (Arapahoe and 95th) for a casual East County ride, which includes a free t-shirt and fries! Food and libations available!

Saturday, Sept. 19th, 8am— East Boulder County—Rolling Hills. 30 miles.

Saturday, Sept. 26th, 8am— Jamestown with Ward Option...finish the season with one of Boulder County's signature rides.
Breakfast at the Merc. also an option. 40-60 miles (depending on option)

Wednesdays, 12-1:30pm—Leader's Choice—20-25 miles.
Easy/Moderate Pace.

* Beginner: 10-12 MPH Intermediate: 12-18 MPH
All Rides are NO DROP (You won't be left behind!)

For more information about the **FAC CYCLING CLUB**, see our newsletter or contact us at cycling@flatironathleticclub.com