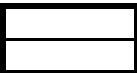





# Indoor Pool

# Lane Availability

# Monday

	Lane 1	Lane 2	Lane 3	Lane 4
<b>6:00 AM</b>				
6:15				
6:30				
6:45				
<b>7:00 AM</b>				
7:15				
7:30				
7:45				
<b>8:00 AM</b>				
8:15				
8:30				
8:45				
<b>9:00 AM</b>				
9:15				
9:30				
9:45				
<b>10:00 AM</b>				
10:15				
10:30	Sue Aqua Fitness			
10:45	10:15-11:15			
<b>11:00 AM</b>				
11:15				
11:30				
11:45				
<b>12:00 PM</b>				
12:15				
12:30				
12:45				
<b>1:00 PM</b>				
1:15				
1:30				
1:45				
<b>2:00 PM</b>				
2:30PM				
2:45PM				
<b>3:00 PM</b>				
3:15				
3:30	FAC Swim Team			
3:45	3:30-5:30pm			Private
<b>4:00 PM</b>				Lessons
4:30PM				
4:45PM				
<b>5:00 PM</b>				
5:15				
5:30				
5:45				
6:30				
7:45				

-  Free Lane
-  Swim Class
-  Aqua Fitness  
(Weather depending)
-  FAC Swim Team

# Indoor Pool

# Lane Availabilty

# Tuesday

	Lane 1	Lane 2	Lane 3	Lane 4
<b>6:00 AM</b>				
<b>7:00 AM</b>				
<b>8:00 AM</b>				
8:15				
8:30				
8:45				
<b>9:00 AM</b>				
9:15				
9:30				
9:45	Aqua Blast			
<b>10:00 AM</b>	9:30-10:30am			
10:15				
10:30				
10:45				
<b>11:00 AM</b>				
11:15				
11:30				
11:45				
<b>12:00 PM</b>				
12:15				
12:30				
12:45				
<b>1:00 PM</b>				
1:15				
1:30				
1:45				
<b>2:00 PM</b>				
2:30PM				
2:45PM				
<b>3:00 PM</b>				
3:15				
3:30	FAC Swim Team		Private Lessons	
3:45	3:30-4:30pm			
<b>4:00 PM</b>				
4:15 PM				
4:30 PM				
4:45 PM				
<b>5:00 PM</b>				
5:15				
5:30				
5:45				
<b>6:00 PM</b>				



Free Lane



Swim Class



Aqua Fitness  
(Weather depending)



FAC Swim Team

# Indoor Pool

# Lane Availability

# Wednesday

	Lane 1	Lane 2	Lane 3	Lane 4
<b>6:00 AM</b>				
6:15				
6:30				
6:45				
<b>7:00 AM</b>				
7:15				
7:30				
7:45				
<b>8:00 AM</b>				
8:15				
8:30				
8:45				
<b>9:00 AM</b>				
9:15				
9:30				
9:45				
<b>10:00 AM</b>				
10:15				
10:30	Sue Aqua Fitness			
10:45	10:15-11:15			
<b>11:00 AM</b>				
11:15				
11:30				
11:45	Swim 101			
<b>12:00 PM</b>				
12:15				
12:30				
12:45				
<b>1:00 PM</b>				
1:15				
1:30				
1:45				
<b>2:00 PM</b>				
2:30 PM				
2:45PM				
<b>3:00 PM</b>				
3:15				
3:30	FAC Swim Team		Private Lessons	
3:45	3:30-5:30pm			
<b>4:00 PM</b>				
<b>5:00 PM</b>				
5:15				
5:30				
5:45				
<b>6:00 PM</b>				
6:15				
6:30				
7:45				



Free Lane



Swim Class



Aqua Fitness  
(Weather depending)



FAC Swim Team

**Indoor Pool**

**Lane Availability**

**Wednesday**

# Indoor Pool

# Lane Availability

# Thursday

	Lane 1	Lane 2	Lane 3	Lane 4	
<b>6:00 AM</b>					
6:15					
6:30					
6:45					
<b>7:00 AM</b>					
7:15					
7:30					
7:45					Free Lane
<b>8:00 AM</b>					
8:15					
8:30					Swim Class
8:45					
<b>9:00 AM</b>					
9:15					
9:30					
9:45	Beth Aqua Blast				Aqua Fitness (Weather depending)
<b>10:00 AM</b>	9:30-10:30am				
10:15					
10:30					
10:45					
<b>11:00 AM</b>					FAC Swim Team
11:15					
11:30					
11:45					
<b>12:00 PM</b>					
12:15					
12:30					
12:45					
<b>1:00 PM</b>					
1:15					
1:30					
1:45					
<b>2:00 PM</b>					
2:30PM					
2:45PM					
<b>3:00 PM</b>					
3:15					
3:30	FAC Swim Team		Private Lessons		
3:45	3:30-4:30pm				
<b>4:00 PM</b>					
4:15 PM					
4:30 PM					
4:45 PM					
<b>5:00 PM</b>					
5:15					
5:30					
5:45		BASIC SWIM TRAINING			
<b>6:00 PM</b>		5:30-6:30pm			

# Indoor Pool

# Lane Availability

# Friday

	Lane 1	Lane 2	Lane 3	Lane 4
<b>6:00 AM</b>				
6:15				
6:30				
6:45				
<b>7:00 AM</b>				
7:15				
7:30				
7:45				
<b>8:00 AM</b>				
8:15				
8:30				
8:45				
<b>9:00 AM</b>				
9:15				
9:30				
9:45				
<b>10:00 AM</b>				
10:15				
10:30	Aqua Fitness			
10:45	10:15-11:15			
<b>11:00 AM</b>				
11:15				
11:30				
11:45				
<b>12:00 PM</b>				
12:15				
12:30				
12:45				
<b>1:00 PM</b>				
1:15				
1:30				
1:45				
<b>2:00 PM</b>				
2:30PM				
2:45PM				
<b>3:00 PM</b>				
3:15			Private	Lessons
3:30				
3:45	FAC Swim Team			
<b>4:00 PM</b>	3:30-5:30pm			
<b>5:00 PM</b>				
5:15				
5:30				
5:45				
<b>6:00 PM</b>				
6:15				
6:30				
7:45				



Free Lane



Swim Class



Aqua Fitness

(Weather depending)



FAC Swim Team

**Indoor Pool**

**Lane Availability**

**Friday**

# Indoor Pool

# Lane Availability

# Saturday

	Lane 1	Lane 2	Lane 3	Lane 4
<b>7:00 AM</b>				
7:30 AM				
<b>8:00 AM</b>				
8:15				
8:30				
8:45				
<b>9:00 AM</b>	FAC Swim Team			
9:15	8:30-10:30			
9:30				
9:45				
<b>10:00 AM</b>				
10:15				
10:30				
10:45				
<b>11:00 AM</b>				
11:15				
11:30				
11:45				
<b>12:00 PM</b>				
12:15				
12:30				
12:45				
<b>1:00 PM</b>				
1:15				
1:30				
1:45				
<b>2:00 PM</b>				
<b>3:00 PM</b>				
<b>4:00 PM</b>				
<b>5:00 PM</b>				
5:45PM				
<b>6:00 PM</b>				
6:15				
6:30				
6:45				
<b>7:00 PM</b>				
7:15				
7:30				
7:45				



Free Lane



Swim Team

# Flatiron Athletic Club Lane Availability

**Indoor Pool**

**Sunday**

	Lane 1	Lane 2	Lane 3	Lane 4
<b>7:00 AM</b>				
7:30 AM				
<b>8:00 AM</b>				
8:15				
8:30				
8:45				
<b>9:00 AM</b>				
9:15				
9:30				
9:45				
<b>10:00 AM</b>				
10:15				
10:30				
10:45				
<b>11:00 AM</b>				
11:15				
11:30				
11:45				
<b>12:00 PM</b>				
12:15				
12:30				
12:45				
<b>1:00 PM</b>				
1:15				
1:30				
1:45				
<b>2:00 PM</b>				
<b>3:00 PM</b>				
<b>4:00 PM</b>				
<b>5:00 PM</b>				
5:45PM				
<b>6:00 PM</b>				
6:15				
6:30				
6:45				
<b>7:00 PM</b>				
7:15				
7:30				
7:45				



Free Lane



Swim Training